



YLCC

YOUTH LEADERSHIP CAMPS CANADA



www.ylcc.com



summer residential camp
day leadership camp
girls and boys
4-18 years





*we empower kids
to dream, to dare, to do!*

A LETTER FROM OUR FOUNDER, STU SAUNDERS

I am frequently asked why is YLCC so successful? Why has it grown from 300 campers to 1,300 in just six years? The answer is simple. We are helping your children (or maybe you) become a better leader. The world today is competitive. We need to find ways to be better prepared for our future. YLCC gives our campers that exact opportunity. We believe the stronger the foundation we build when we are young, the stronger our future will be.

I am firm believer in the idea of summer camp. My mom sent me when I was six. Now, 35 years later, I haven't missed a summer. Yes, I am in my 40's and I still cherish the smell of a campfire, a real campfire, not a fire app on the iPhone or Blackberry. We need as parents and as young leaders to provide our children with the best tools for success and YLCC does that all within a safe, fun, traditional summer camp setting.

I promise you that at the end of each summer your camper will be pleading for another session at YLCC, and I guarantee that if your child does not thoroughly enjoy their camp experience, I personally will make it right! We pride ourselves in providing your campers with leadership tools for they're coming school year! I look forward to seeing you and your family this summer!



in leadership

Stuart Saunders
Owner



warmly

Robin Sharma
www.robinsharma.com

A LETTER FROM OUR PARTNER

I am so pleased that Sharma Leadership International (SLI) and Youth Leadership Camps Canada (YLCC) have partnered to provide a world-class summer leadership development program to help young people get to their very best. Based on the ideas in my books such as *The Leader Who Had No Title*, *The Greatness Guide* and *The Monk Who Sold His Ferrari*, this camp will powerfully help youth grow into their highest potential and find lasting success in all they do. I know you will find the program exceptionally valuable and a life-changing experience.



why ylcc works!

awareness bio action connection design

All of our programs use our Balance Based Leadership System

At YLCC, we teach leadership. We strive for every camper to graduate from our programs being better prepared for their daily lives.

All of our programs and activities are infused with the philosophy of our progressive cutting-edge leadership development system. As campers progress through each level, they will learn more about leadership and how to harness their own abilities. YLCC uses our unique Leadership in Action approach, a very interactive, hands-on and high-energy style of teaching. Campers are surprised that they are learning leadership skills through fun. Campers achieve goal setting while rock climbing, teamwork via kayaking, and problem solving while on "The Hunt" ...WOW!

Every program at YLCC is counselled by our highly trained, motivated staff most of whom are graduates from our programs. They've lived the YLCC experience, learned from it, built from it and know it.

You will have peace of mind knowing that YLCC is a certified member of the Ontario Camping Association and delivers quality programming in an outstanding location!



AWARENESS

This section is designed to encourage our campers to reflect on what it is they truly want, who they are, who they spend time with, what they value, what their goals and dreams are and who their inspirations may be.

Every camper will receive a 22-day journal to help them reflect and increase their personal Awareness.

awareness

BIO ACTION

What you put into yourself is a direct reflection of how you will perform. We need proper Bio Action to achieve our goals.

Just like cars on the highway, we have a destination but we have to remember to fuel up.

Campers will take a look at what they eat, how they exercise, how long they sleep and how they treat their bodies.

bio action

CONNECTION

Part of any successful and happy individual and leader is the ability to make Connections with people, places, causes and even nature. Along with connections comes the skill of communicating your message or your ideas. This could include the art of public speaking, the brilliance of designing a logo or motto or the almost lost art of writing a letter.

We incorporate these skill-building tools in many of our activities.

connection

DESIGN

Understanding what you want to do is important – but you must first create a Design or plan to get there.

Time management, successful goal setting, measurable sign posts, life mapping, and visualization are some of the design techniques campers will learn to help them succeed on a daily basis!

design



OUR PROGRAMS EXPLAINED

Campers go into the program based on the grade they will enter in the fall.

DAY CAMP

Voyageurs: Grade K-4

YLCC Day camp is an excellent stepping stone to a residential camp experience. Each session is five days long with a weekly family picnic night or grade 3/4 sleepover option.

Day camp runs from 8:30 am – 5:30 pm Monday to Friday.

RESIDENTIAL CAMP

Discovery: Grade 2-6

Discovery programs teach our youngest campers about leadership through play. An on-site campout gives campers an adventure within their comfort zone and encourages them to try new things.

Alpha: Grade 7-10

Alpha programs are a great way to introduce new campers to YLCC. Alpha's focus is on personal leadership development through experiential learning. Alpha campers stay on-site at YLCC for their entire program.

Initiatives: Grade 7-12

Initiatives programs are for campers looking for more! Outdoor pursuits, challenges and teamwork are emphasized and an outtrip experience is specialized for their age group.

Excellence: Grade 10-12

Excellence programs are designed to empower young people. Given a chance, teens can create foundations for their future. Campers develop their values, goals and needed self-confidence for the many decisions coming their way. These programs really give campers the "goods" – solid skill sets to include on resumes and utilize in everyday situations.

DAY CAMP

VOYAGEURS

Grades K-4

Locations: Lake Simcoe, Orillia and Pigeon Lake, Peterborough

Length: 8:30am - 5:30pm, Monday to Friday

Family Picnic & Campfire on Thursday night for camp families, JK-2

Sleepover on Thursday night for campers entering grades 3 and 4

Young campers and their families can prepare for a future of residential camp, one step at a time!

The Voyageurs Day Camp is designed to spark, in youngsters, a love for the outdoors and provide an opportunity to build self-confidence. YLCC day campers have a chance to experience canoeing, swimming, archery, arts and crafts, nature hikes and rock climbing in a supportive and safe outdoor environment. Our day campers are exposed to the basic concepts of leadership through an introduction to decision-making and problem-solving activities.



DISCOVERY

LEADERSHIP DISCOVERY

Grades 2-6 *Minimum age: 6 years old*

Locations: Lake Simcoe, Orillia and Pigeon Lake, Peterborough

Length: 7 days

This program introduces leadership ideas through the value of play!

Leadership lessons are built into each activity. Campers will learn the values of teamwork, responsibility and communication...at the lake, on the rock wall, at the camp dance, on visits to the craft barn...and in everything we do at YLCC.

In a safe and supportive atmosphere, young people will begin the process of self-discovery.

A Discovery camper will remember making new friends, trying new things and loving their counsellor! From morning dip to canoeing to bedtime, Leadership Discovery focuses on helping our youngest campers to believe in themselves!



ALPHA

ALPHA JUNIOR

Grades 7-8 Length: 7 days

Locations: Lake Simcoe, Orillia and Pigeon Lake, Peterborough

Through kayaking, team “survivor” challenges, high ropes, and archery, our Junior campers build self-esteem, confidence, and enthusiasm for leadership! The Junior program offers goal setting, journaling habits, peer mentoring, insight into peer pressure, responsible decision-making, and development of each camper’s leadership style. This program is an excellent way to prepare for high school. (The Initiative Explorer program is a natural follow-up to Alpha Junior.)

ALPHA INTERMEDIATE

Location: Lake Simcoe, Orillia Grades 9-10 Length: 14 days

Be your best self! YLCC is a place where there are no outside influences – an environment where teenagers can relax and be themselves. The Intermediate program will have campers creating their own Guide to Greatness, experiencing mentoring and seeing first hand the importance of leading by example. Team challenges, water sports, high ropes courses, and personal leadership coaching will help campers develop a better understanding of how to take leadership and apply it to their everyday lives!





INITIATIVES

I can run

I can swim

I can climb

I can lead

I can conquer

I will learn that ...I can do more!



EXPLORER

Grades 7-8 Length: 14 days

Locations: Lake Simcoe, Orillia and Pigeon Lake, Peterborough

This program complements the Alpha Junior program.

The Explorer program is designed to train young people to work as a team. This program is full of teachable moments when combining adventure, outdoor pursuits and team challenges. Campers will explore the definition of initiative while on their overnight camping trip. Campers will challenge themselves on high ropes, orienteering, cooking over a fire all the while searching to find what drives them!

NAVIGATOR

Grades 9-10 Length: 14 days Location: Lake Simcoe, Orillia

This program is a stepping stone for the Outtripper program.

Through one of the most powerful programs YLCC has to offer, Navigators will discover themselves and their potential. Campers will spend two weeks in the outdoors; tracking their successes and challenges in their personal journals. Their focus is on creating their own personal success statement. Navigators will also embark on a three-day outtrip. Navigators will come away from this program having charted their own course and proud of who they are and what they have achieved!

OUTTRIPPER

Grades 10*-12 Length: 14 days Location: Lake Simcoe, Orillia

**Prerequisite: Navigator program*

This program is perfect for returning campers yearning for more! Combine the love of the outdoors with a challenging multi-day outtrip in the Muskokas and you have our Outtripping program. This two-week program will put leadership skills to the test while promoting complete self-sufficiency on a five-day wilderness outtrip. Campers will start at the craft barn to make their own paddles to bring along on their trip. This exciting program is perfect for honing outdoor skills, understanding the impact that individuals make on our environment and working together for success.



EXCELLENCE

LEADER IN TRAINING (LIT)

Grades 10-12 Length: 14 days

Location: Lake Simcoe, Orillia

Included in this two-week program are 40 hours of hands-on volunteer job experience within our facility.

The LIT program has two goals: having fun and filling the "Life Toolbox"! LIT campers will participate in all of our traditional camp activities including rock climbing, high ropes, canoeing, and the many electives!

Each LIT group will be given a series of job-training workshops which teach interview, time-management and resume-building skills. Campers will gain valuable work experience, a letter of reference, and the tools needed to gain part-time employment or enter the volunteer workforce!



SENIOR ADVENTURER

Grades 10-12 Length: 14 days

Location: Lake Simcoe, Orillia

YLCC gives Senior Adventurers the personal development opportunities they need to create the life they choose to live; including learning about the art of conflict resolution, trust building, event planning, group dynamics, values, personal goal setting, facing fears and even public speaking!

Through a combination of workshops, time-management techniques, dedicated reflection, problem solving, life-mapping and serious goal setting these campers will set their compass on their next five years. This program is perfect for the teen who wants to get a jump-start on success.

COUNSELLOR IN TRAINING (CIT)

Length: 28 days

Prerequisites: must be entering Grade 12+ in the fall

Location: Lake Simcoe, Orillia

The CIT program is the highest and most in-depth leadership training course we offer. The program focuses on developing skills in the areas of time-management, goal setting and presentation skills. We prepare the campers for camp counselling, program planning, leadership training, as well as offer them full participation in classic camp activities.

This program is highly recognized for its ability to prepare young adults for life after high school. This 28-day session gives campers a powerful glimpse into what it takes to be part of the YLCC team and how incredible their future can look!



schedule

Each day is full of fun, energetic and memorable activities.



anything but typical

OUR ^CAMP DAY

7:30am Wake Up Bell, Morning Dip and Shower Time

Campers wake up, stretch and make their way down to the beach for a morning dip in the lake. Staff always make this an exciting way to start the day!

8:30 Hot Breakfast

Our camp chef is always up early cooking, baking and putting together a hearty breakfast to fuel our campers for a day full of adventure and learning.

9:15 Flag Raising and Morning Announcements

Staff will wow campers with hilarious announcements, morning energizers, "Oh Canada" and some House Team challenges to get the day off to the right start.

10:00 Journal Time

Our Directors give the "Thought of the Day". As an entire group, campers will spend 15 minutes reflecting upon a daily question. Each question is then discussed with the group.

10:30 Morning Session

Leadership, Electives, Aquatics and Dynamics. Each day campers will rotate with their counsellor groups through each of these sections.

12:00 Lunch

Back to our Dining Hall, or as we call it the "Vulture Hall", for another scrumptious feast! Some days will feature theme lunches and House activities!

1:00pm Rest Hour (aka BOB time)

2:00 Afternoon Session

Leadership, Electives, Aquatics and Dynamics. Each day campers will rotate with their counsellor groups through each of these sections.

4:00 Free Swim/Camp-Wide Activity

Campers have the chance to go for a swim, play on the beach or participate in one of many camp-wide activities.

5:30 Cabin Group Time

6:00 Dinner

Dinners are healthy, very filling and served family-style!

6:45 Free Choice

Here is where campers can sign up to spend time in their favourite area; waterfront, arts and crafts, ropes and climbing, team sports or a quiet activity.

8:15 Evening Activity

We come alive with nightly magic: Indoor Campfire, Camp Dance, Wednesday Night Live, Karaoke, Amazing Race, Magic Shows, Live Bird Show, Closing Campfire, and more.

9:45 Story Time and Snack

Just as it says...a healthy snack and a bedtime story give campers a chance to come together, relax and reflect.

10:00 Lights Out - Discovery Campers

11:00 Lights Out - Full Camp





FREQUENTLY ASKED QUESTIONS

What is the best age to start YLCC?

We offer programs for youth, ages 5 all the way up to 18. The earlier campers can start learning the leadership techniques that we teach, the deeper and stronger the foundation they will build. All of our programs are designed to be skill and age-appropriate.

What if my child wants to stay longer?

We know that some campers get so excited about camp once they are here, that they just don't want to leave. We always hold a few extra spots each session so that those campers can come back in the same summer if they choose.

Does YLCC provide transportation?

We can pick up and drop off at the Toronto International Airport and the Greyhound bus station in Orillia. **Transportation details can be finalized with our camp office.**

How can parents get involved?

YLCC hosts festive events and an Open House so parents can get to know us a little better. Also, at the end of each session, all parents and families are encouraged to attend our Saturday Graduation Ceremony.

How many campers are at one session?

We are a family-run, private day and residential summer camp. We believe that smaller camps equal a more personalized, family-like and impactful experience. Small group sizes are important to us – groups range from 8-12 campers each, depending on age. Our staff to camper ratio is 4:1. We average 150 campers per session.

LIFE AFTER CAMP

We believe that it's one thing to spend a few weeks at summer camp and learn new skills, it is another to successfully carry those skills forward. At YLCC, we have created a number of support and reinforcement opportunities so that campers can continue to grow and learn.

YLCC is Online

www.ylcc.com

Our new YLCC.COM website is full of tools and support. We've created a camper forum called **The Sandbox** where campers can support each other and post motivational and inspirational messages.

You will also find **leadership articles** and information on new techniques that campers can utilize for continued success.

Our owner, Stu Saunders, has an **blog** that he updates regularly to inspire staff and campers and keep the camp spirit alive throughout the year.

NEW: Refresher Mini-Camps

We will be running two Mini-Camps – one during Christmas break and one during March Break. These camps are designed to re-energize and continue to motivate campers to reach their goals. Registration for Mini-Camps is available at camp registration or graduation day.

Robin Sharma is Online www.robinsharma.com

You will find Robin's youth leadership information inspiring. Check out his blog, podcasts and motivational quotes. .

"My time was truly amazing, and I am excited to come back for LIT. The thing that really stuck out at camp was that everyone was happy. Everyone had a smile on their face. For me it was a place where I can be myself, and share my thoughts with people that I can trust. I enjoy meeting people that are willing to be friends."

Josh



building strong leaders

YLCC prides itself on our excellent staff – we traditionally hire our counsellors from within our own program. They've lived it – they know it. **Our staff are passionate about their work!**

Our carefully-screened staff consists of post-secondary students and graduates, many having studied in the fields of outdoor recreation and education. All of our staff members are First Aid and CPR trained and CRC certified, in addition to being model leaders in their own schools and communities. Every summer, our staff works hard to brilliantly pass on the YLCC magic to the future generation of the YLCC family.





Stu

Owner and Founder, Stu Saunders has been the vision and force behind YLCC since 1992. He brings over 30 years of camping and leadership experience to YLCC. Stu has worked with over 2 million young people worldwide and was recently named among the top 30 leadership experts in the world. He is one of Canada's most sought-after educational leadership consultants and speakers. Stu is a mentor to our staff and campers, and proud father of three amazing children.



Trish

Director Trish Thachuk has been involved with the camping industry for over a decade. As a former high school Student Council President and a Fanshawe College honour roll graduate of Recreation and Leisure Services, Trish brings expertise in the area of homesickness and is one of our most passionate team members. She is a constant comfort to our youngest campers and her energy and love for camp sets an example for all of our staff.



Dave

Associate Director Dave "ORNJ" Graham has been part of the YLCC full time year-round staff for 18 years. During the school year, ORNJ teaches at Park Street Collegiate in Orillia, Ontario where he has served as the Director of Student Activities for over 20 years! ORNJ is a leadership expert, a true mentor and is most famous for his amazing connection with young people. He maintains connections with campers and staff year round in The Sandbox, our online interactive bulletin board.



Shannon & Iain

Directors Shannon and Iain McGale both specialized in leadership at Lakehead University while taking the Outdoor Recreation, Parks, and Tourism program. They share a passion for the outdoors and bring a balance of optimism and time management to our team. In their spare time, they enjoy traveling, SCUBA diving, mountain biking and love to share stories of the time they spent teaching English in South Korea.

www.ylcc.com

LEADERSHIP TRAINING CENTRES



YLCC offers two modern, clean, full-service outdoor leadership and conference centres that are perfect for school trips, corporate team building, community retreats, weddings or family celebrations.

Our Lake Simcoe property is conveniently located 60 minutes north of Toronto and just south of Orillia on the shores of Lake Simcoe.

Our Pigeon Lake property, with 1200 feet of shoreline, is located 60 minutes east of Toronto near Peterborough in the beautiful Kawartha region.

Our Leadership Training Centres can accommodate up to 320 people. High and low ropes elements, canoeing, kayaking, fixed and non-fixed initiative tasks, large group campfire areas, indoor meeting spaces and more are all located on our beautiful sites. You will not be disappointed with our delicious meals, friendly staff and welcoming accommodations!

Our prices include full food and facility services AND full staffing! Depending on the needs of your group, our staff can do all, some or none of the programming while your group is at YLCC!

Join us for a single or multi-day experience and experience why YLCC is one of the fastest growing outdoor leadership centres in Ontario!

Email: info@ylcc.com for more information

Who is using the YLCC Training Centres?

District School Boards: Dufferin-Peel, Durham District and Durham Catholic, London District Catholic, Thames Valley, Halton Catholic, Kawartha Pine Ridge, Simcoe County, Simcoe Muskoka Catholic, Toronto District and Toronto Catholic.

Educational Institutions: Canadian Hebrew Academy of Toronto, Georgian College, McMaster University, Niagara College, Nippissing University, The Bishop Strachan School, Peel Student Presidents' Council

Community Groups: Orillia Youth Symphony and Orchestra, Kitchener Junior Hockey Association, Jane Goodall Institute Roots & Shoots, The Duke of Edinburgh's Award-Ontario Division, Wilderness Medical Associates

Corporate Groups: i3DVR International Inc., Ontario Provincial Police, Sharma Leadership International, Soldiers' Memorial Hospital

"Our school has changed since we have brought our leadership students to your camp. Incredible staff, facility, food and program. We will be back!"
Port Perry High School

CUSTOM DESIGNED OUTDOOR EXPERIENCES

We're experts at getting a leadership class, camp committee or link crew involved in helping run your retreat! Ask us about programming options and how we can help you plan the successful leadership program that your students need and deserve.

Welcome Retreat or Year-End Class Trip

Students will be challenged and empowered as they progress through a series of activities where they discover and learn about their individual roles as leaders. This program rewards students with fun and interactive activities, including high ropes, low ropes, and large group games. These custom-designed programs prepare students for a better school experience as it focuses on activities on self-awareness, improved decision making and the benefits of getting involved.

Student-designed and lead Leadership Retreat

This requires a student-based camp committee to plan and carry out the retreat and it's a proven success. The camp committee learns a lot about planning, flexibility, hard work and positive leadership and the camp participants learn about their own leadership qualities, barriers, talents and finding a place to shine in their school.

Student Council Retreat

Students will leave with a sense of purpose, direction and exciting new event ideas for the upcoming school year. We'll offer a wide range of activities including team building initiatives, planning workshops, high ropes activities and fun evening programs around the campfire!

Science or Geography Field Trip

This program is ideal for teachers who want to bring their students to our leadership centre multiple times in the same school year. Are your students learning about water systems, the parts of the plant, understanding the food chain, or learning about how animals survive in the winter? Let us know what you are working on and we will plan a day of interactive activities that will help your students to learn in an unforgettable way!

Outdoor Adventure Leadership

This program covers elements in physical education, science, geography, communication, environmental leadership and so much more. Students spend the majority of their time outdoors preparing shelters, learning outdoor cooking, fire building, survival skills, and tree and plant identification. Sessions are available in spring, fall and winter – activities vary depending upon season. Students learn about themselves, their peers and their environment through valuable hands-on experiences they will never forget!





FAMILY CAMPS

all ages welcome!

YLCC Pigeon Lake, Peterborough: June 10-12

YLCC Lake Simcoe, Orillia: June 17-19

Our annual Family Camp at YLCC is our most popular weekend where we provide our families with a true cottage experience. Do as much or as little as you like:

*Kayaking | Hiking | Family Campfires | Arts and Crafts
Annual Sandcastle Contest | Climbing | Private Cabin*

YLCC staff will plan and facilitate safe, fun and enjoyable activities that you can all participate in together as a family or that the kids can join on their own... enjoy a hike, some quiet time or maybe a sunset kayak on the lake.

After a full day of activity, enjoy a gourmet meal prepared by our camp chef. Special dietary needs? – no problem.

We are always full...so register early to avoid disappointment!

Space is limited – email info@ylcc.com for more information.



LOCATIONS

two great sites to choose from

PIGEON LAKE, PETERBOROUGH

YLCC Pigeon Lake is located less than 90 minutes north-east of Toronto on the edge of Peterborough. In the heart of the Kawarthas, our 60 acres of property include over 1,200 feet of waterfront beach with the most spectacular sunsets and a nice balance of forested area and fields.

We offer:

- 13 comfortable camper cabins each equipped with ensuite washroom
- *Newly renovated drinking water system*
- *New High Ropes courses built right into the trees with 10 challenges!*
- *New 36 foot Rockwall*
- 130-seat Dining Hall *with newly installed hardwood floor*
- Fully equipped supervised waterfront: swimming, pedal boats, canoes, *and new fleet of kayaks*
- Playing fields: soccer, volleyball, badminton, and horseshoes
- Meeting spaces and breakout rooms available
- *New decks on cabins and 24 new deck chairs...perfect for relaxing in*
- Children's Playground
- Hiking Trails and forested area perfect for shelter-building and camouflage
- Healthy, homemade meals by our camp Chef

Each year, YLCC invests significant capital to improve our facilities.

LAKE SIMCOE, ORILLIA

YLCC Lake Simcoe is conveniently located near Orillia, just 60 minutes north of Toronto. We're nestled on 108 acres of beautiful Muskoka woodland, enjoying over 900 feet of waterfront and beach property.

We offer:

- 16 comfortable camper cabins with bunk beds
- Modern washroom with showers and flush toilets
- High and Low Ropes course *with over 20 challenges waiting for you!*
- 30 foot Rockwall and Zip Line
- Spacious, heated 300-seat Dining Hall
- Fully equipped supervised waterfront: swimming, pedal boats, canoes, kayaks
- Recreation Hall, Games Room and Arts and Crafts Centre
- Playing fields: soccer, baseball, basketball and hockey
- Hiking Trails
- Children's Playground
- Non-denominational Chapel
- Healthy, homemade meals by our camp Chef
- *New camp store*

YOUTH LEADERSHIP CAMPS CANADA

LAKE SIMCOE SITE: 498 MOON POINT DRIVE, ORILLIA, ON L3V 6H1
PIGEON LAKE SITE: 290 CORK LINE, RR#1 PETERBOROUGH, ON K9J 6X2

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Summer Co-ed Residential and Day Camps
Spring, Fall and Winter Group Leadership Programs
Annual Ontario Student Leadership Conference
Stu Saunders Presentations

WWW.YLCC.COM

